



Olistic Bio Thai facial and body treatments

ORIENTAL FACIAL RITUALS

Thai Facial Lifting 50' € 140,00

A Thai beauty ritual, handed down from mother to daughter, to rejuvenate the skin making it pure, oxygenated and smooth. A massage performed with steam-heated Asian herb bundles will restore immediate beauty and well-being

Ritual of the Goddess 50' € 120,00

A scented ritual of Thai Jasmine rice, virgin coconut oil and kaffir lime essential oil to illuminate the face. Compacts, tones and lightens small spots as well as giving an intense brightness.

ORIENTAL BODY RITUALS

Himalayan Scrub 55' € 140,00

Epidermal and energetic body cleansing ritual carried out with pure pink Himalayan salt mixed with sesame oil and a blend of personalized essential oils. It detoxifies, revitalizes and remineralizes the epidermal tissues as well as having an osmotic effect favoring the elimination of excess fluids. After the scrub, an oiling will be carried out on the whole body to nourish the previously purified tissues.

Savonage Ayur Detox 60' € 150,00

A body cleansing and detoxification ritual carried out with vegetable sponges soaked in natural soaps and essential oils to cleanse and revitalize the body. This will be followed by a massage with thermal mud activated by personalized vegetable oils and at the end an oleation with virgin Sesame, Coconut and Perilla oils mixed with a blend of personalized essential oils of Curcuma, ylang ylang, lavender, Lemon Grass and Kaffir Lime

Ayur-Life 120' € 290,00

A ritual dedicated to the face and body, to detoxifying and rebalance the 3 energies Pitta, Kapha and Vata. It begins with a soft and velvety savonage carried out with 100% vegetable soaps to stimulate the epidermal tissues and prepare the body to receive a rebalancing, anti-aging and lifting massage throu-

gh the use of bundles of herbs immersed in pure virgin oils and essential oils. Particularly suitable for lowering stress levels and improving sleep quality. The face ritual will promote deep oxygenation and reduce small expression lines and giving immediate firmness and luminosity

Ayur Experience 60' € 140,00

A unique ritual dedicated to the massage of head, neck, shoulders and feet, with a mini facial beauty treatment, rich of aromas and sweet but deep manual skills. Oriental balms, vegetable oils and spices will make this ritual an unforgettable experience.

Ayur Tridosha 75' € 160,00

Body detoxification ritual through a massage performed with Asian plant powders, decoctions of medicinal plants and essential oils, customized for each single dosha: Vata, Kapha and Pitta. A treatment called Rasayana in traditional Ayurvedic medicine. It purifies, nourishes and regenerates the body by returning all the substances necessary to keep it in good health. The ritual will end with a mini facial treatment that includes a cleansing with scrub and a relaxing and vitaminizing massage with Curcuma oil.

Pindasweeda Tridosha 60' € 140,00

Massage belonging to traditional Ayurvedic medicine carried out with cotton bundles filled with oriental officinal herbs, steamed and then immersed in pure vegetable oils, decoctions of plants and blends of essential oils customized for each Dosha and rubbed on the body with soft and deep movements. Detoxes, relaxes, induces sleep and nourishes the epidermal tissues. The ritual includes a mini revitalizing facial treatment.

Massaggio Cocco e Aloe vera 50' € 120,00

A sensory massage performed with a blend of virgin coconut oil, aloe vera juice and pulp and Ylang Ylang to illuminate and hydrate, prepares your skin for a lasting tan.